



*"My health is  
my biggest asset."*

Get Your Flu Vaccine. Not the Flu.

**If you're 65 years or older,  
getting a flu shot is the  
best way to protect  
yourself and those  
around you from flu.**



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention

<http://www.flu.gov>  
1.800.232.4636



[www.scdhec.gov/flu](http://www.scdhec.gov/flu)  
1.800.277.4687